



DRESSING ROOM ETIQUETTE POLICY

Terrace Ringette Association

1. Purpose

Dressing Room Etiquette is an important aspect of games and practices. Following the simple guidelines below should reduce the potential for conflict in and around team dressing rooms.

2. General Requirements

No phones or cameras are allowed in the dressing room. This is a Ringette Canada rule intended to protect the privacy of the players and should be strictly enforced - No exceptions. Players and adults are expected to keep all phones put away (pocket or purse) and step out of the dressing room to answer or make calls or retrieve messages.

It is the responsibility of the Manager (or their designate) to have a lock and key to lock up the dressing room while the players are on the ice and to unlock it when they come off the ice.

Dressing rooms are to be left clean after each practice or game.

3. U12 and Higher Divisions

From the U12 age division and up the players are much more independent and do not usually need parents to assist in the dressing room. Staff and parents should therefore check in on the players periodically to ensure the players are behaving appropriately and there are no problems.

A lone personnel member should never be in the dressing room with players at any time, and especially when they are showering or changing: two (2) adults must be present together. If the team has parents that provide supervision in the dressing rooms on a regular or semi-regular basis these parents must complete and submit a TRA Volunteer Form and Police Information Check.

Should separate dressing rooms be required for one team, both dressing rooms require the appropriate adult supervision.

For Divisions U12 and higher no male coaches are permitted in female dressing rooms while players are dressing or undressing, and no male players are permitted in the female dressing rooms when other changing options are available. Male coaches and players may enter the dressing room for pre-game or post-game routines after being given the all clear by the Team Manager or a female Coach.

Male coaches and players may also enter the room for warm-up routines and other team related reasons provided the following minimum dress code is adhered to:

- Neither Male nor Female players will undress to less than a minimum of shorts and a tee-shirt while members of the opposite gender are present.
- When a separate changing room option does not exist players must respect the privacy of the opposite gender:
- Once all players are dressed in accordance with the minimum dress code requirements above, all players may participate in the team [co-ed] dressing room.
- Players shall dress, undress and shower in shifts while maintaining the same minimum dress code noted above.
- Players of the under-represented gender shall be granted access to the shower facilities after the balance of the team.

It is the responsibility of the Head Coach *and* Team Manager to ensure that these guidelines are followed.