



DRESSING ROOM ETIQUETTE POLICY

Terrace Ringette Association

1. Purpose

Dressing Room Etiquette is an important aspect of games and practices. Following the simple guidelines below should reduce the potential for conflict in and around team dressing rooms.

Rule of two applies to all dressing room supervision. The supervisors must represent the gender makeup of that particular dressing room.

2. General Requirements

No phones or cameras are allowed in the dressing room. This is a Ringette Canada rule intended to protect the privacy of the players and should be strictly enforced - No exceptions. Players and adults are expected to keep all phones put away (pocket or purse) and step out of the dressing room to answer or make calls or retrieve messages.

It is the responsibility of the Manager (or their designate) to have a lock and key to lock up the dressing room while the players are on the ice and to unlock it when they come off the ice.

Dressing rooms are to be left clean after each practice or game.

3. U10 and Younger Divisions

At U10 and below, parents are permitted in the change rooms to help their child dress. At least two adults at all times so the rule of two applies.

4. U12 and Higher Divisions

At the U12 and higher levels, no parents are permitted in the change room. If an adult presence is required as deemed by the parents and bench staff or players, At least two vetted adults at all times, the rule of two applies. The bench staff may enter the room 15 minutes prior to and after a game. If your child needs assistance with their equipment in any way they can come dressed or remove themselves from the change room.

Note: It is not the responsibility of the coaches and volunteers to assist players with equipment or gear.

Prior to adults providing supervision in the dressing rooms they must complete and submit a TRA Volunteer Form and Police Criminal Record Check and vetted by the board of directors. Should separate dressing rooms be required for one team, both dressing rooms require the appropriate adult supervision.

- No players will undress to less than a minimum of shorts and a tee-shirt.
- Players of the under-represented gender shall be granted access to the shower facilities after the balance of the team. It is the responsibility of the Head Coach and Team Manager to ensure that these guidelines are followed.